MG Magnette Z Front Anti Roll Bar Fitting instructions:

Unpack the kit from wrapping and we recommend that the large brackets are painted with a suitable rust-proofing paint in advance.

- 1. Raise the car to a reasonable working height and support with axle stands.
- 2. Undo the 4 bolts that hold the front bumper onto the chassis of the car. There is no need to remove the bolts and I suggest that each side is done in turn to prevent the bumper flopping about.
- 3. Position the large brackets onto the respective side. These brackets are marked 'offside' and 'nearside' (See illustration)



- 4. Replace the nuts on the bolts and tighten lightly.
- 5. Undo the 2 nuts on each side which hold the bottom of the shock absorbers in position and replace with the stud extension nuts



6. Undo the 4 nuts on the anti roll bar central section leave the thick spacer in place and position the u bolts with the yellow bushes through the marked holes on the large brackets, this is hole 1 and hole 3 from the front of the car, which are supported off the bumper bolts, These' U bolts are liable to spring slightly and may need 'gently pulling together. I suggest using an adjustable pipe grip to squeeze the U bolt together



7. Position the anti roll' bar centrally on the car and locate both the brackets onto the 2 bolts each side under the shock absorbers and fit new supplied nyloc nuts.



- 8. Once all the brackets and nuts are in position tighten the U bolts onto the large central brackets and the bumper iron bolts.
- 9. Drop the car off the jack onto the ground and then tighten the 4 nuts under the shock absorbers.

It should take less than an hour to fit assuming the bolts come undone as they should!